

# The Transition to Tele-therapy

We hope that you are all staying well during these uncertain times. As it's looking more and more like schools are going to be closed for an extended period of time, we wanted to let you know that Stepping Stones has fully launched our online tele-therapy sessions to bridge the gap. Tele-therapy sessions are provided over a computer or iPad and no other special equipment is needed on the child's end.

Our therapists have spent a great deal of time planning, organizing and developing new materials and therapy ideas in order to continue to provide quality speech/language services. Our team is very excited about how well online sessions are going. Here are a few testimonials from current clients in regards to tele-therapy:

*"Teletherapy is going great. My son is able to focus on the tasks presented on the screen and is continuing to make progress. We're so thankful you provided teletherapy as an option during this time of uncertainty. It provides much-needed consistency."*

*- Parent of a 4-year old*

*"Tele-therapy has worked so well for our son. He is able to keep the continuity of his sessions, while the electronic capabilities and resources made for a seamless transition from the in-office setting. As a bonus, he's having a lot of fun with this new medium so his engagement in sessions is maybe even greater!"*

*- Parent of an 8-year old*

Reach out to Beth at [bethc@steppingstonestherapy.com](mailto:bethc@steppingstonestherapy.com) to schedule your online session. Give it a try, we will know in the first 15 minutes if this is a fit for you child and if it's not, we won't charge you for the session.

Be well and stay well! Beth and the Stepping Stones Team



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## While the kids are home...

Here are some home-based learning ideas to support your children during extended school leave:

- Literacy support:
  - [5 Reading Games to Play With Your Child](#) (early reader recommendations by Christina Clemer)
  - [Wonderopolis](#) (reading comprehension)
- Articulation support:
  - [Mad Libs for Kids](#) - fill in the blank with your child's target sound
  - [Create an articulation Bingo board](#)
- Language skills:
  - [Neighborhood Scavenger hunt](#)- describe an item on the list to your child and see if they can find it along your walk
- Support for self-regulation through kinesthetic movement:
  - [Cosmic Kids Yoga](#)
  - [GoNoodle](#)